

# $G^2D$ : Boosting Multimodal Learning with Gradient-Guided Distillation

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# Outline

Presentation Roadmap

- ▶ Introduction & Background
- ▶ The Challenge
- ▶ Our Solution
- ▶ Related Work
- ▶ Methodology
- ▶ Experimental Setup
- ▶ Results
- ▶ Analysis
- ▶ Ablation Studies
- ▶ Conclusion & Future Work

# Background: What is Multimodal Learning?

Learning from Diverse Data Sources

Multimodal learning builds models that process and relate information from multiple *data types, or modalities*.

The goal is to create a more comprehensive understanding, much like how humans use sight, hearing, and touch together.

The standard pipeline involves three key steps:

- ▶ **Encoding:** Extract features from each input.
- ▶ **Fusion:** Combine the features into one.
- ▶ **Prediction:** Use the fused data for a task.

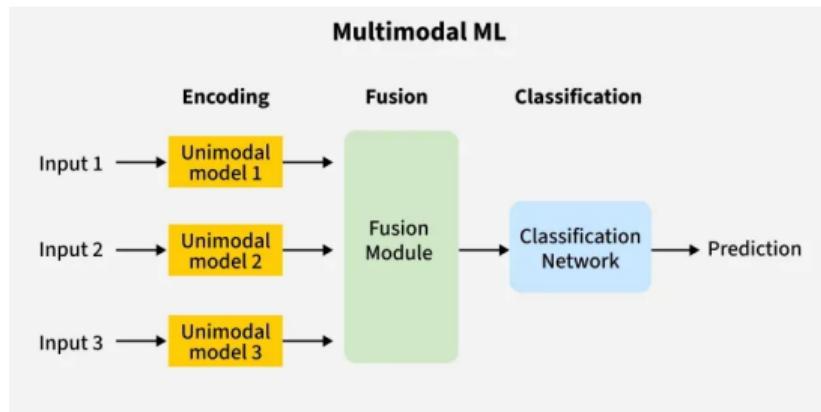


Figure: A standard multimodal learning pipeline.

# Background: What is Knowledge Distillation?

Learning from an Expert Teacher

Knowledge Distillation (KD) is a technique where a *compact student model* learns from a *larger teacher model*, **transferring knowledge through logits, features, or intermediate representations.**

- ▶ The student mimics the teacher's outputs, learning not just the "what" (labels) but the "how" (richer patterns) [Hinton et al., 2015].
- ▶ This process "distills" the teacher's generalized knowledge into the smaller student [Gou et al., 2021].
- ▶ Initially used for **model compression**, KD is now vital for complex multimodal tasks like cross-modal knowledge transfer & handling missing data [Wang et al., 2023].

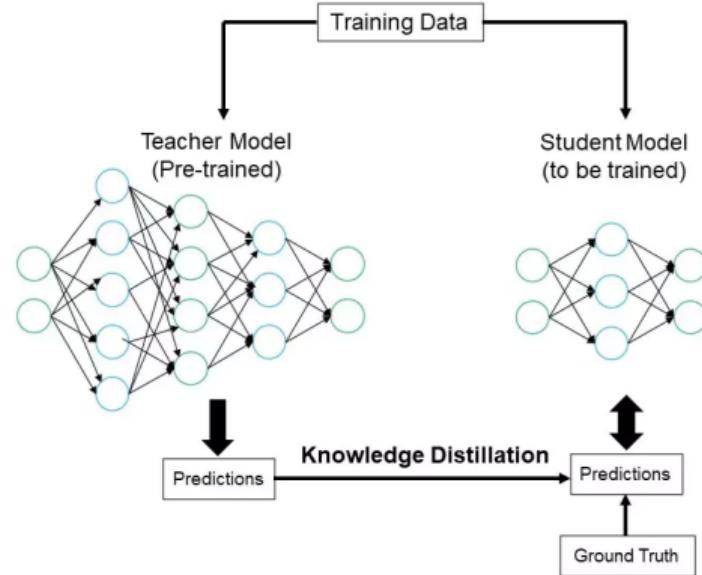


Figure: The Knowledge Distillation (KD) framework.

# The Challenge: Modality Imbalance

When One Modality Dominates the Learning Process



## The Core Problem:

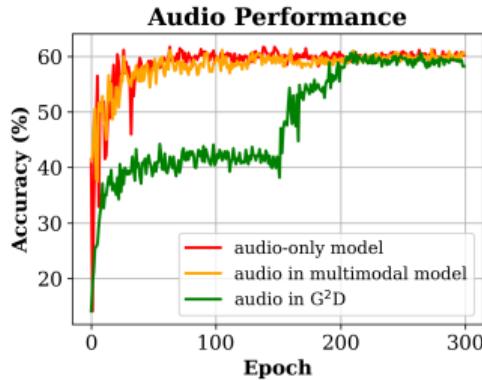
- ▶ In multimodal models, one modality often contains *stronger signals* or *learns much faster* than others.
- ▶ This phenomenon, known as **modality imbalance** or **modality competition**, causes the "stronger" modality to dominate the joint training process *[Peng et al., 2022]*.

## The Consequence:

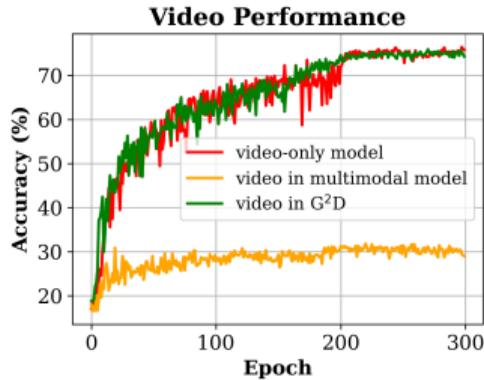
- ▶ Weaker modalities are **underutilized**, preventing the model from learning a truly robust, fused representation.
- ▶ Leads to **suboptimal performance** that can be even worse than using a single modality alone.

# The Challenge: Modality Imbalance

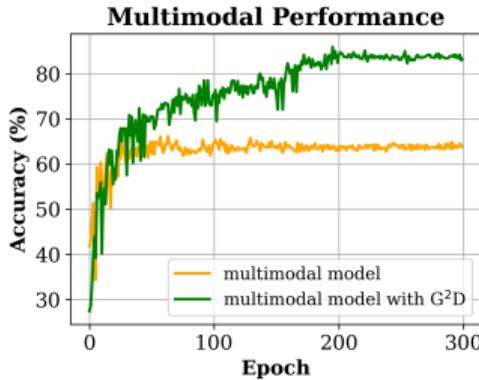
An Example on the CREMA-D Dataset



(a) Audio Performance



(b) Video Performance



(c) Multimodal Performance

Figure: In a standard model, the **strong** audio modality performs well, but the **weak** video modality is suppressed (yellow line, middle graph). This severely harms the final multimodal performance (yellow line, right graph).

# Our Solution: Gradient-Guided Distillation ( $G^2D$ )

Actively Balancing Modalities to Boost Performance



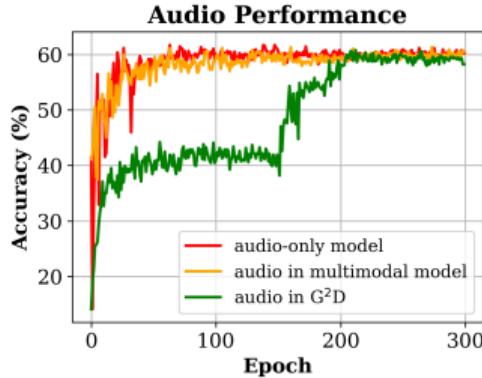
Our goal is to create a framework that mitigates this imbalance and actively boosts the performance of weaker modalities.

We introduce **Gradient-Guided Distillation ( $G^2D$ )**, which combines two key ideas:

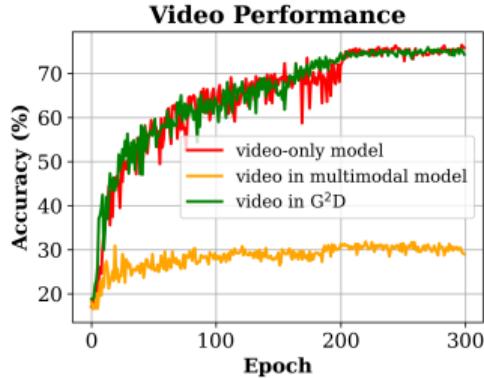
- ▶ **Knowledge Distillation:** We transfer knowledge from expert *unimodal teacher* models to a single *multimodal student* model.
- ▶ **Sequential Modality Prioritization (SMP):** We use a dynamic training strategy that gives each modality—especially the weaker ones—a dedicated turn to lead the learning process.

# Our Solution: Gradient-Guided Distillation ( $G^2D$ )

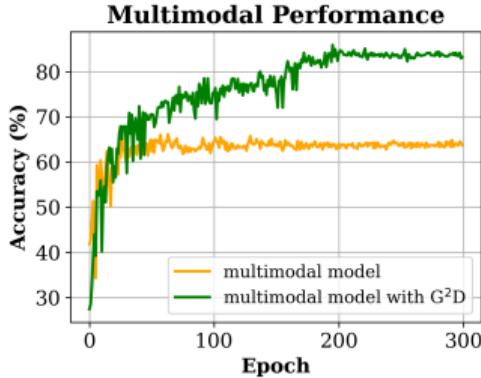
A Glimpse of the Results



(a) Audio Performance



(b) Video Performance



(c) Multimodal Performance

**Figure:** With  $G^2D$ , the weak video modality's performance is rescued and significantly improved (green line, middle graph). This leads to a substantial boost in the final multimodal accuracy (green line, right graph).

Most state-of-the-art methods address modality imbalance through two primary ways:

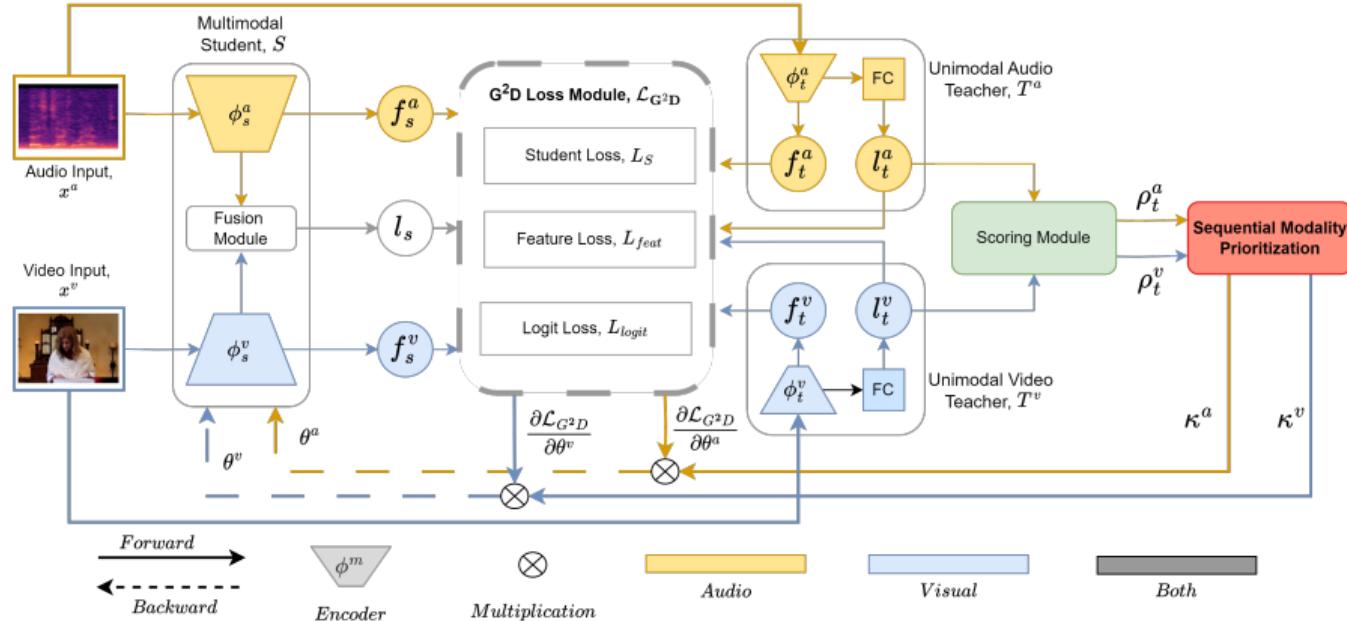
- ▶ **Gradient Modulation:** The most common approach. It dynamically adjusts modality gradients to suppress dominant inputs and amplify weaker ones.
  - Popular methods include OGM-GE [[Peng et al., 2022](#)], AGM [[Li et al., 2023](#)], and using modality-specific learning rates (MSLR) [[Yao and Mihalcea, 2022](#)].
- ▶ **Feature Rebalancing & Alternating Training:** These methods optimize interactions by alternating the training focus between modalities (MLA [[Zhang et al., 2024](#)]) or using specialized losses to accelerate the learning of weaker modalities (PMR [[Fan et al., 2023](#)]).
- ▶ **Common Limitation:** Extensive hyperparameter tuning limiting their generalizability.

## Our Contribution

$G^2D$  combines KD with a novel gradient modulation technique called Sequential Modality Prioritization (SMP) that uses robust signals from unimodal teachers, removing the need for extensive manual tuning.

# Methodology: Gradient-Guided Distillation ( $G^2D$ )

## High-Level Architecture



**Figure: Overview:**  $G^2D$  uses pre-trained unimodal teachers (right) to guide a multimodal student (left). Knowledge is transferred via our custom  $G^2D$  **Loss Module**. The **Scoring Module** calculates teacher confidence, which the **Sequential Modality Prioritization (SMP)** module uses to dynamically modulate the student's gradients, ensuring balanced learning.

# Methodology: The $G^2D$ Loss Function

Combining Three Key Objectives

Our total loss,  $\mathcal{L}_{G^2D}$ , combines a standard student loss with two distillation losses that leverage the unimodal teachers.

## 1. Student Loss ( $\mathcal{L}_S$ )

Standard supervised loss mapping the *student's* final multimodal prediction to the **ground-truth (GT)** label.

$$\mathcal{L}_S = \mathbb{E}_{(x, y) \sim \mathcal{D}} [\ell(p, y)] \quad (1)$$

## 2. Feature Loss ( $\mathcal{L}_{\text{feat}}$ )

$L_2$ -loss aligns *student* and *teacher* **features** for each modality preventing weaker modalities from being ignored

$$\mathcal{L}_{\text{feat}}^m = \mathbb{E}_{x \sim \mathcal{D}} [\|\phi_s^m - \phi_t^m\|^2] \quad (2)$$

## 3. Logit Loss ( $\mathcal{L}_{\text{logit}}$ )

$KL$ -divergence loss aligns the output distribution of *student* with each of the teacher's **logits** transferring class-relationships

$$\mathcal{L}_{\text{logit}}^m = \mathbb{E}_{x \sim \mathcal{D}} [\text{KL}(\sigma(l_t^m) \| \sigma(l_s))] \quad (3)$$

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**Total  $G^2D$  Loss:** The final loss is a weighted sum of the three components:

$$\mathcal{L}_{G^2D} = \mathcal{L}_S + \alpha \sum_{m=1}^k \mathcal{L}_{\text{feat}}^m + \beta \sum_{m=1}^k \mathcal{L}_{\text{logit}}^m \quad (4)$$

# Methodology: Architecture Recap

Revisiting the G<sup>2</sup>D Framework

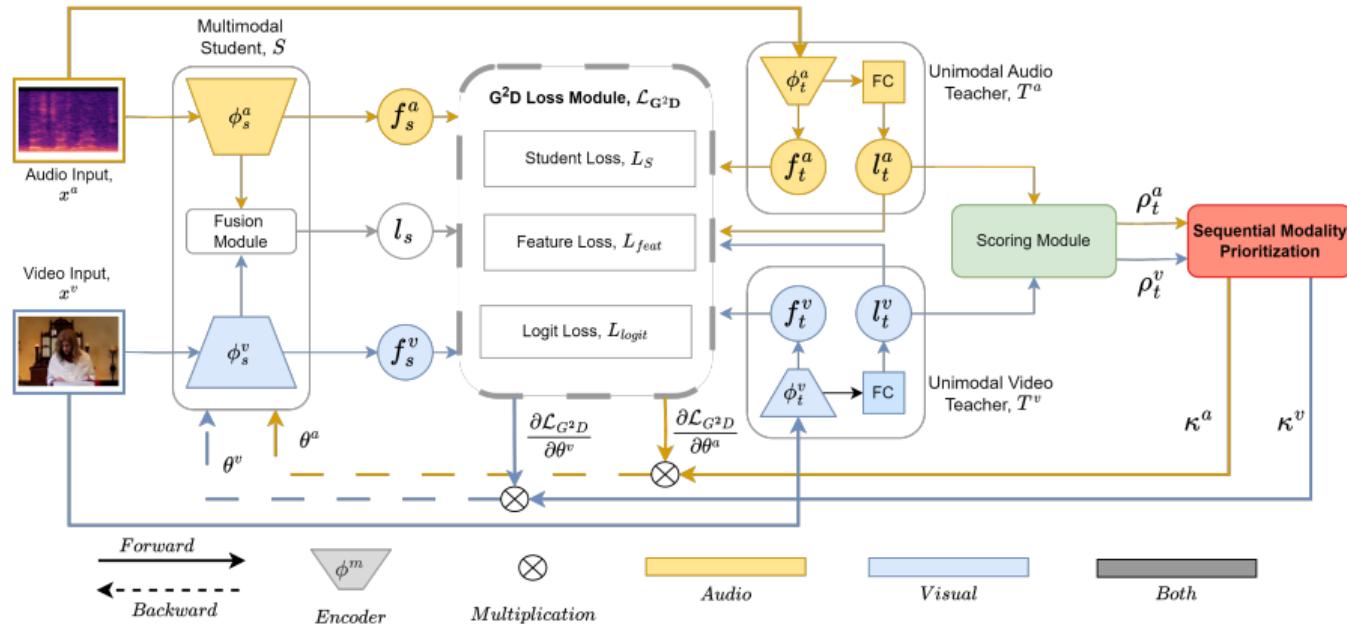
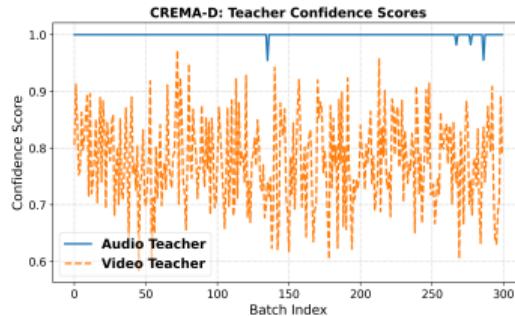


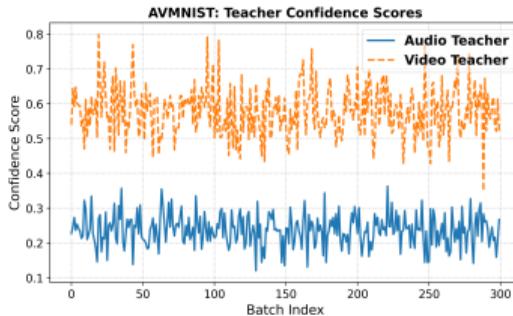
Figure: Having defined the  **$G^2D$  Loss Module**, we now focus on how the framework dynamically balances modalities, starting with the **Scoring Module**.

# Methodology: Quantifying Modality Confidence

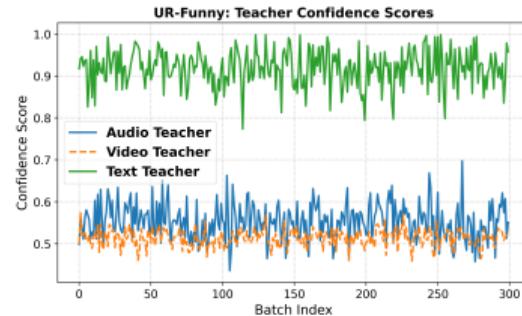
Using Unimodal Teachers as a Stable Signal



(a) CREMA-D



(b) AV-MNIST



(c) UR-Funny

Figure: Teacher confidence scores on three datasets. The consistent gap between modalities demonstrates a clear bias, which motivates our prioritization strategy.

- We use the pre-trained **unimodal teachers** as a stable signal to determine which modality is dominant for a given batch of data.
- The confidence score  $\rho_t^m$  is the batch-wise average probability assigned to the ground-truth label:

$$\rho_t^m = \frac{1}{|\mathcal{B}^m|} \sum_{(x_i^m, y_i^m) \in \mathcal{B}^m} \text{Softmax}(l_t^m(x_i^m; \theta^m))[y_i^m] \quad (5)$$

# Methodology: Architecture Recap

From Scoring to Prioritization

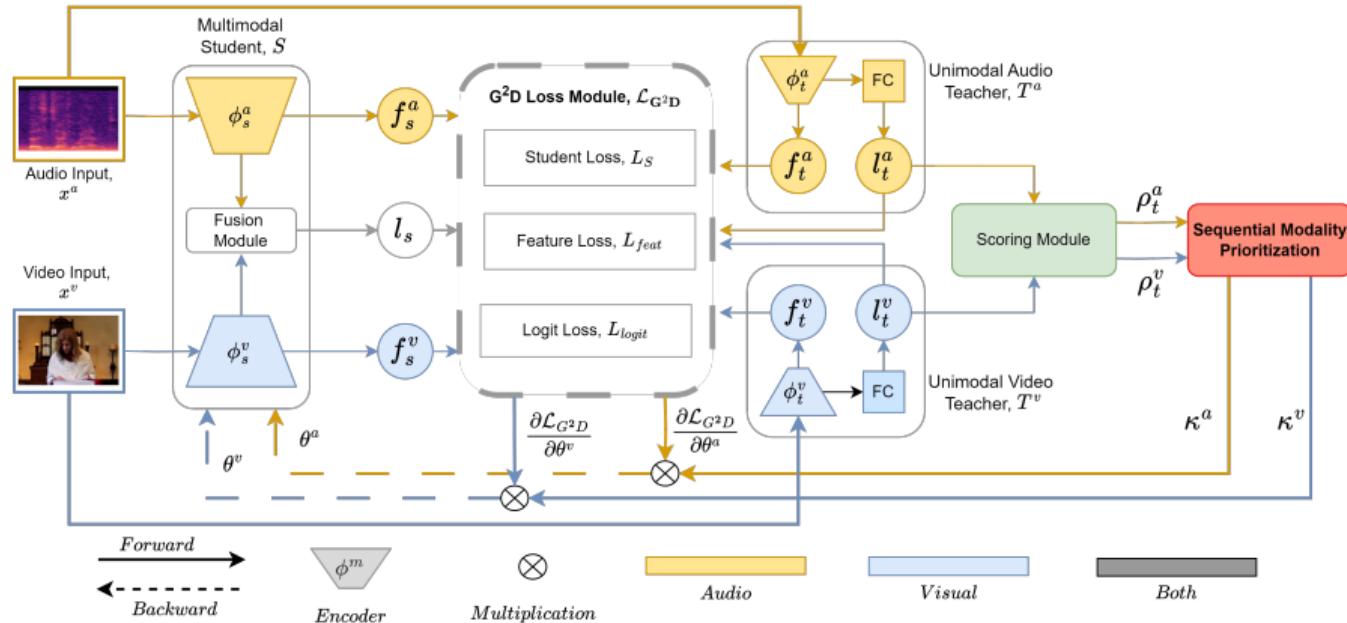


Figure: Now that the **Scoring Module** has generated confidence scores ( $\rho_t^a, \rho_t^v$ ), we'll see how the **Sequential Modality Prioritization (SMP)** module uses them to modulate the student's gradients.

We propose SMP, a 4-step process to mitigate imbalance, guided by this hypothesis:

## Hypothesis 1

*Leveraging the confidence scores of unimodal models to determine less confident modalities and sequentially prioritizing them during training can mitigate modality imbalance.*

### 1. Rank Modalities:

At each training iteration, we rank all modalities from *least confident* ( $\pi_t[1]$ ) to *most confident* ( $\pi_t[k]$ ) based on their unimodal teacher scores ( $\rho_t^m$ ).

## 2. The Prioritization Schedule:

- ▶ Next, we create a schedule that dedicates a specific number of epochs ( $\tau_j$ ) to training a set of prioritized modalities,  $\mathcal{M}_q$ .
- ▶ This schedule starts by training only the weakest modality, then the second weakest, and so on, before finally training all modalities jointly.

$$\mathcal{M}_q = \begin{cases} \{\pi_t[1]\} & \text{for } 1 \leq e \leq \tau_1 \\ \{\pi_t[2]\} & \text{for } \tau_1 < e \leq \tau_1 + \tau_2 \\ \vdots & \\ \{\pi_t[k-1]\} & \text{for } \sum_{j=1}^{k-2} \tau_j < e \leq \sum_{j=1}^{k-1} \tau_j \\ \{\pi_t[1], \dots, \pi_t[k]\} & \text{for } \sum_{j=1}^{k-1} \tau_j < e \leq \sum_{j=1}^k \tau_j \end{cases} \quad (6)$$

**3. Modulate Gradients:** A modulation coefficient,  $\kappa_q^m$ , acts as a gate, "turning on" gradients only for the modalities currently prioritized in the schedule ( $\mathcal{M}_q$ ).

$$\kappa_q^m = \begin{cases} 1 & \text{if modality } m \in \mathcal{M}_q, \\ 0 & \text{otherwise,} \end{cases} \quad (7)$$

**4. Update Student Parameters:** This coefficient is applied directly in the gradient update step, effectively zeroing out the updates for non-prioritized modalities.

$$\theta_{q+1}^m = \theta_q^m - \eta \cdot \kappa_q^m \cdot \mathbb{E} \left[ \frac{\partial \mathcal{L}_{G^2D}}{\partial \theta_q^m} \right] \quad (8)$$

# Methodology: The G<sup>2</sup>D Process Recap

Tying It All Together

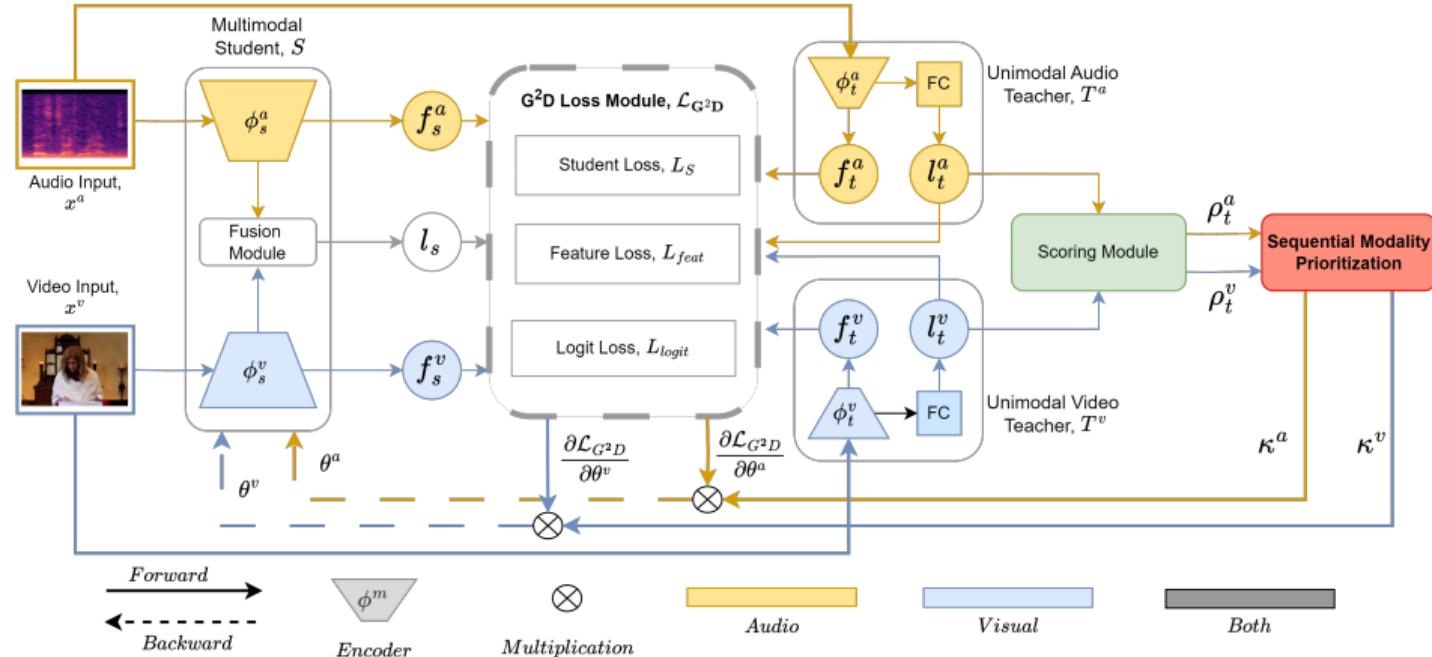


Figure: The complete G<sup>2</sup>D framework. The student learns via the **G<sup>2</sup>D Loss**, guided by stable **teacher confidence scores** that drive the **SMP** mechanism to ensure balanced, interference-free training.

We evaluate  $G^2D$  on six diverse, real-world datasets:

### Classification Datasets (5 total)

- ▶ **CREMA-D** [Cao et al., 2014]: An *Audio-Visual* dataset for emotion recognition.
- ▶ **AV-MNIST** [Vielzeuf et al., 2019]: A synthetic *Audio-Visual* dataset for digit classification.
- ▶ **VGGSound** [Chen et al., 2020]: A large-scale *Audio-Visual* dataset for event classification.
- ▶ **UR-Funny** [Hasan et al., 2019]: An *Audio-Visual-Text* dataset for humor detection.
- ▶ **IEMOCAP** [Busso et al., 2008]: An *Audio-Visual-Text* dataset for emotion recognition.

### Regression Dataset (1 total)

- ▶ **MIS-ME** [Rakib et al., 2024]: An *Image-Tabular* dataset for soil moisture estimation, representing a novel task for evaluating modality imbalance.

### Baselines & Backbones

- ▶ We compare  $G^2D$  against **ten state-of-the-art** baseline methods.
- ▶ For a fair comparison, all models use identical backbone architectures:
  - **ResNet-18** [He et al., 2016]: For Audio-Visual datasets (CREMA-D, AV-MNIST, VGGSound).
  - **Transformer** [Vaswani et al., 2017]: For Audio-Visual-Text datasets (UR-Funny, IEMOCAP).
  - **MobileNetV2** [Sandler et al., 2018] & **FCN**: For the Image-Tabular dataset (MIS-ME).

### Training & Hyperparameters

- ▶ **Fusion Strategy: Late Fusion** [Gunes and Piccardi, 2005] is used across all models to ensure a fair comparison.
- ▶ **Optimizer:** SGD with a batch size of 16.
- ▶ **Hardware:** All models were trained on 3 NVIDIA A10 GPU.
- ▶  $G^2D$  **Loss Weights:** For all experiments, the loss weights were set to  $\alpha = 1.0$  and  $\beta = 1.0$ .

# Results

Multimodal Performance on Audio-Visual Datasets (Accuracy %)

Dataset	$T^a$	$T^v$	Joint	MSES	MSLR	AGM	PMR	OGM-GE	MLA	MM Pareto	ReconBoost	DLMG	UMT	<b><math>G^2D</math> (Ours)</b>
CREMA-D	61.7	76.5	67.5	61.0	64.4	78.5	59.1	72.2	79.7	75.1	79.8	<u>83.6</u>	67.6	<b>85.9</b>
AV-MNIST	42.7	65.4	69.8	70.7	70.6	72.1	71.8	71.1	65.3	<u>72.6</u>	72.5	72.1	72.3	<b>73.0</b>
VGGSound	43.4	32.3	51.0	50.8	51.0	47.1	33.1	51.5	51.7	49.7	51.0	52.7	<u>53.7</u>	<b>53.8</b>

## Key Findings:

- ▶ **Modality imbalance is dataset-dependent:** On CREMA-D the *video* modality (27%) is suppressed, while on AV-MNIST the *audio* modality (16%) is the weaker one.
- ▶  **$G^2D$  surpasses all baselines:** Our method consistently achieves the best performance, showing that the SMP strategy ensures more balanced optimization and superior multimodal integration.
- ▶  **$G^2D$  outperforms the competing KD-based method:** The results show that our unique loss and dynamic training strategy outperform the UMT baseline ([\[Du et al., 2023\]](#)) across all datasets.

# Results

Three-Modality (UR-Funny) & Regression (MIS-ME) Performance

## Three Modalities (UR-Funny, Acc %)

Modality	Joint	OGM-GE	Recon	UMT	$G^2D$
Audio	55.0	50.3	51.7	50.7	<b>59.2</b>
Visual	54.9	55.7	55.3	54.9	<b>55.9</b>
Text	58.3	55.7	56.3	52.7	<b>58.2</b>
<b>Multi</b>	62.6	63.7	61.4	63.4	<b>65.5</b>

## Regression Task (MIS-ME)

Method	MAPE $\downarrow$	$R^2 \uparrow$
Joint-Train	14.62	0.42
MIS-ME [Rakib et al., 2024]	7.52	0.80
<b><math>G^2D</math> (Ours)</b>	<b>7.01</b>	<b>0.82</b>

## Key Findings:

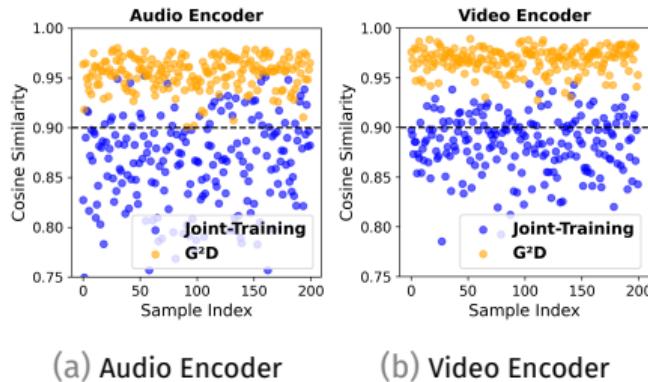
- ▶  $G^2D$  excels in three-modality settings, enhancing overall performance and individual contributions.
- ▶ It avoids "**modality depression**," where other methods over-suppress the dominant modality (text).

## Key Finding:

- ▶  $G^2D$ 's versatility is proven by its superior performance on regression, a novel task for imbalance analysis.

# Analysis: Feature Alignment

How well do the student's features match the teacher's?



## Analysis Method:

- We measure the **cosine similarity** between the student's features and the expert unimodal teacher's features on the CREMA-D dataset.

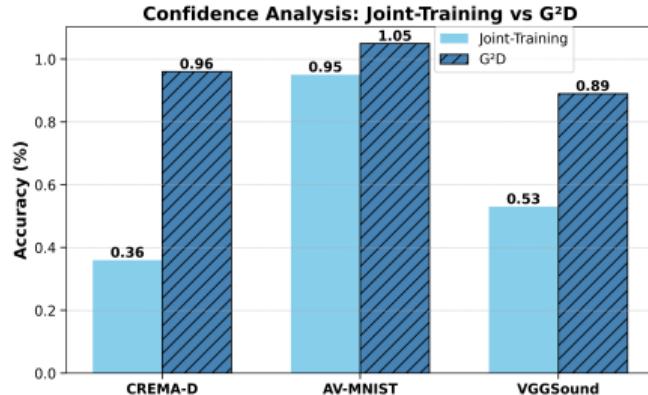
## Key Findings:

- The plots show that feature alignment for both audio (left) and video (right) is **consistently higher** with  $G^2D$  (orange dots) compared to Joint-Training (blue dots).
- **Conclusion:** This improved feature alignment is a key factor in how  $G^2D$  successfully mitigates modality imbalance, ensuring the student learns robustly from each modality.

Figure: Alignment between unimodal teacher and multimodal student features on CREMA-D, measured by cosine similarity.

# Analysis: Confidence Ratio

Quantifying the Suppression of Weak Modalities



## Analysis Method:

- ▶ We define a **Confidence Ratio** to quantify how much a weak modality is suppressed.
- ▶ It measures the modality's confidence within the multimodal model, *normalized* by the score of its expert unimodal teacher.
- ▶ A **higher ratio** indicates the modality is performing near its full potential; a **lower ratio** indicates suppression.

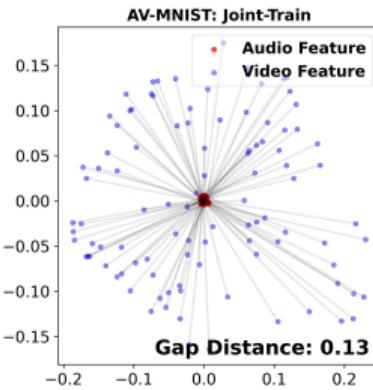
Figure: Confidence ratio of the weaker modality.

## Key Finding

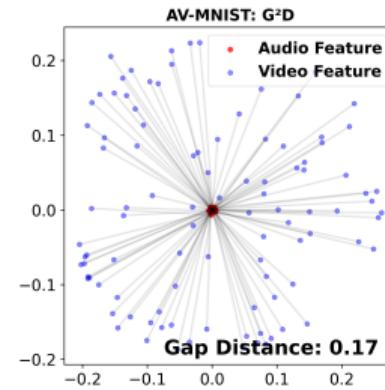
The bar chart shows that  $G^2D$  **consistently yields a much higher confidence ratio** than standard Joint-Training. This demonstrates that our method effectively mitigates modality suppression and ensures a more balanced optimization process.

# Analysis: Modality Gap

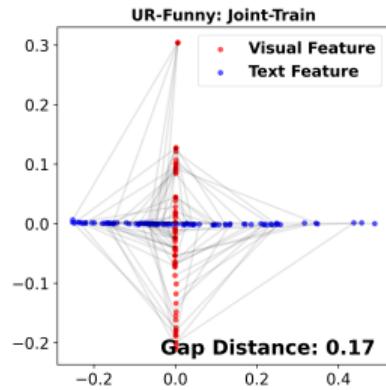
Visualizing the Separation of Modality Embeddings



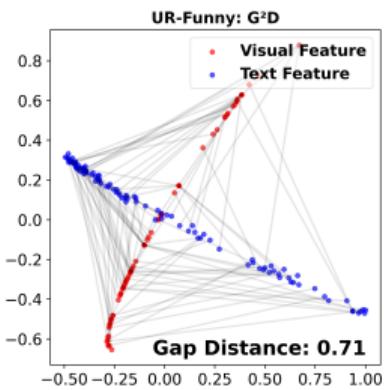
(a) AV-MNIST: Joint



(b) AV-MNIST: G<sup>2</sup>D



(c) UR-Funny: Joint



(d) UR-Funny: G<sup>2</sup>D

## Key Findings

- ▶ [Liang et al., 2022] shows that a larger *modality gap* (more distinct embeddings) often correlates with better performance.
- ▶  **$G^2D$  creates a more pronounced modality gap** than Joint-Training on both datasets, preserving key modality-specific traits that enhance performance.

# Ablation Study: Impact of SMP

Is SMP effective on its own?

Table: Effect of adding SMP to different methods.

Method	SMP	CREMA-D	AV-MNIST	UR-Funny
Joint-Train	✗	67.47	69.77	62.58
	✓	80.78	72.51	63.58
UMT	✗	67.61	72.33	63.38
	✓	82.39	72.68	64.59
$G^2D$ loss	✗	78.63	72.76	63.78
	✓	<b>85.89</b>	<b>73.03</b>	<b>65.49</b>

## Key Findings:

- ▶ **SMP has a universal benefit:** Integrating our SMP strategy significantly boosts the performance of not only our method, but also standard *Joint-Training* and the competing *UMT* baseline.
- ▶ **Synergy with  $G^2D$  Loss:** The combination of our proposed  $G^2D$  loss with SMP achieves the best overall performance, confirming the effectiveness and synergy of our framework's components.

# Ablation Study: G<sup>2</sup>D with Various Fusion Modules

Does the choice of fusion strategy matter?

Table: G<sup>2</sup>D performance with different fusion strategies (Accuracy %).

Fusion Strategy	CREMA-D	AV-MNIST	VGGSound	UR-Funny
Sum	81.59	72.70	50.67	63.08
Concat	83.60	<u>72.98</u>	53.40	64.49
FiLM <i>[Perez et al., 2018]</i>	84.27	72.73	48.11	63.48
BiGated <i>[Kiela et al., 2018]</i>	81.32	72.89	46.66	63.38
Cross-Attention <i>[Chen et al., 2021]</i>	<u>85.35</u>	72.96	<u>53.58</u>	<u>65.09</u>
<b>Late Fusion <i>[Gunes and Piccardi, 2005]</i></b>	<b>85.89</b>	<b>73.03</b>	<b>53.82</b>	<b>65.49</b>

## Key Findings

- ▶ **Late Fusion achieves the best results**, highlighting the effectiveness of preserving the independent representations from each modality.
- ▶ **Cross-Attention is a very close second**, demonstrating its strength in modeling and enhancing cross-modal interactions.

# Ablation Study: Modality Suppression in G<sup>2</sup>D

Partial vs. Complete Suppression



Table: Comparing partial gradient reduction vs. complete gradient shutdown (Accuracy %).

Suppression Type	CREMA-D	AV-MNIST	VGGSound	UR-Funny
Partial (OGM-GE <a href="#">[Peng et al., 2022]</a> )	81.99	72.83	51.16	63.68
<b>Complete (SMP)</b>	<b>85.89</b>	<b>73.03</b>	<b>53.82</b>	<b>65.49</b>

## Key Findings

- ▶ **Partial Suppression**, which follows OGM-GE, reduces the gradients of dominant modalities but still allows them to train, meaning modality competition can persist.
- ▶ **Complete Suppression (SMP)** completely zeroes out the gradients for non-prioritized modalities.
- ▶ **Complete suppression consistently outperforms partial suppression** by allowing the weaker modality to train in isolation, reducing interference and enhancing learning.

# Ablation Study: Effect of Prioritization Epochs ( $\tau_j$ )

How much dedicated training time do weak modalities need?

Table: Two Modalities, Acc (%)

$(\tau_1, \tau_2)$	(0,150)	(50,150)	(100,150)	(150,150)
CREMA-D	78.63	82.80	<u>83.74</u>	<b>85.89</b>

Table: Three Modalities, Acc (%)

$(\tau_1, \tau_2, \tau_3)$	(0,0,150)	(50,50,150)	(75,75,150)
IEMOCAP	75.30	<u>76.99</u>	<b>77.19</b>

## Key Findings

- ▶ The schedule  $(\tau_1, \tau_2, \dots)$  defines the number of epochs for prioritizing the weakest modality, then the second weakest, and so on, before a final joint training phase.
- ▶ Results show that **increasing dedicated training epochs for weaker modalities improves performance** in both two and three-modality datasets.
- ▶ This finding **validates Hypothesis 1**: *interference-free* training time for weaker modalities is crucial for mitigating modality imbalance.

In this work, we addressed the challenge of **modality imbalance** in multimodal learning.

## Summary of Contributions:

- ▶ **Introduced a novel framework**,  $G^2D$  that combines *Gradient-Guided Distillation* with *Sequential Modality Prioritization (SMP)* to ensure all modalities contribute effectively during training.
- ▶ **Outperformed 10 SOTA baselines** across six diverse datasets, including both classification and regression tasks.
- ▶ **Successfully mitigated modality imbalance** by dynamically prioritizing and boosting weaker modalities (validated by confidence ratio and feature alignment analysis).

## Future Impact

Holds great potential to advance balanced learning in complex multimodal scenarios, paving the way for more inclusive and robust AI systems.

Busso, C., Bulut, M., Lee, C.-C., Kazemzadeh, A., Mower, E., Kim, S., Chang, J. N., Lee, S., and Narayanan, S. S. (2008). Iemocap: interactive emotional dyadic motion capture database. *Language Resources and Evaluation*, 42(4):335–359.

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# Thank You!

## Questions?

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